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Changing lives through simple solutions!

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Changing My Thinking: 40-Day Prosperity Plan

with Shane Warren

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TABLE OF CONTENTS

Introduction	4
Lets Get Started	4
Step one	4
Step Two	5
Step Three	5
Step Four	5
Step Five	5
Step Six	6
Step Seven	6
Step Eight	6
Step Nine	6
Step Ten	6
Step Eleven	6
Warning	7
Mantras	7
Statement of Principles	8
Some background on Shane Warren	10

Changing My Thinking: 40-Day Prosperity Plan

- Shane Warren –

...Introduction...

The formula that inspires this prosperity plan is not my idea originally. It has grown from a method shared with me by Yittah of Coogee, one of Sydney's top clairvoyants (for locals and visitors to Sydney you can find Yittah at the Bondi markets most weekends). However, over time I have practiced Yittah's 'way' and by doing so, have developed my own, I believe, stronger method. From it I have devised a plan specifically designed to provoke prosperity in all areas of life.

It is my understanding the original text of this plan has grown from members of the Jewish faith and hence some of the principles are dictated in a religious context, but please bear in mind this course is no more religious than the common practice of meditation to gain inner peace, or the mention of the Christian God in the Australian constitution.

This program is designed specifically to realise abundant prosperity in your life and affairs. It will take 40 days to come to fruition as your consciousness begins to realise the truth. You must believe that this truth is building up an energy force field around you, protecting you from bad energy and operating like a magnet for good karma to be drawn to you. A break during the 40 day period will release the energy being built up around the idea, therefore weakening the force field and ultimately breaking it down from within. To get results you must be faithfully committed to this process for 40-days and 40-nights. If you miss even one day, start over again and continue until you can go the full period with perfect continuity.

...Lets get started...

Step One:

Go shopping, that's right to get more money and wealth in your life I want you to go out and spend some money...I want you to go and buy a note-pad for your spiritual journal for the next 40-days. It has to be something you like the look of, something that draws your eye sturdy to test the time of 40-days consecutive use and most importantly something you can easily throw into your bag if you go away during the course of the plan. I personally like wire bound note-pads, with pretty designs on the cover and nice clean lined pages throughout - the kind you get at good stationary stores or those kitschy paper shops.

Step Two:

On the following pages is a list of mantras. Take some time to read them carefully and choose one as your mantra for the plan. Mantras can be exceptionally powerful if practiced effectively. A mantra can change your life and give purpose to living. A mantra is a formula with spiritual significance: a popular Hindu and Buddhist meditation tool. Just thinking a mantra helps you focus your attention on the inside and eventually reach a very deep state of belief.

After you have selected your mantra; copy it down on the inside front cover of your spiritual journal. Now read this mantra aloud every day, make it your first words for the next 40 days!

Step Three:

Now, find out your birth number, this is easy. Add together all the numbers in your date of birth until you get a single digit. This is your birth number. For example, my birthday is the 25th June 1973. So my birth number is 6 ($2+5+0+6+1+9+7+3 = 33$ and $3 + 3 = \underline{6}$).

Step Four:

Dates that also add up to your birth number are good days to start new projects, so let's find one of those. Continuing with the same example for me a good day in 2004 to start a new project would be May 4. Why? $0+4+0+5+2+0+0+4 = 15$ and $1 + 5 = \underline{6}$.

Now, take out a calendar and work out on what date your next birth number day is and mark this as your start date. If you don't wish to start then find another significant day, it might be your birthday or your wedding anniversary, whatever...I believe it is good to start life altering plans on special days or on our birth number days.

Step Five:

Once you have selected your start date, on that day write in your spiritual journal the following statement:

"This day [insert date here] I cease believing in visible money as my supply and my support, and I view the world of effect as it truly is: simply an out-picturing of my former beliefs. I believed in the power of money, therefore, I surrendered my Creator-given power and authority to an objectified belief.

I believed in the possibility of lack, thus causing a separation in consciousness from the source of my supply.

I believed in mortal man and carnal conditions and through this faith gave man and conditions power over me. I believed in the mortal illusion created by the collective consciousness of error thought, and in doing so I have limited the unlimited.

No more! This day I renounce my so-called human-hood and claim my divine inheritance as a being of the Creator. This day I acknowledge the Creator, and only the Creator as my substance, my supply and my support.”

Step Six:

Now sign your name at the end of the statement as you would at the end of a contract. Think of this as a contract with yourself, witnessed by your spirit guides.

Step Seven:

Beginning on page eight, there are 10 statements of principles. Read one statement at the beginning of each and every day. You will read through the entire list four times during the 40-day period.

Step Eight:

Each morning mediate on the daily principle after you read it. Take at least 15 minutes focusing on each idea in the principle with thought and feeling. Say the words aloud. Let the ideas fill your consciousness.

Step Nine:

Following each meditation period, write down in your spiritual journal the thoughts that come to you...don't hold back. Write your inspirations, your doubts, your fears, whatever came to your mind. Enjoy releasing what's in your head.

Step Ten:

Go about doing what you need to do to achieve your day!

Step Eleven:

At the end of every day, before going to bed reflect on your day and the experiences you encountered by recording your answers to the following questions in your spiritual journal...

- *What did I do today that I will do the same next time?*
- *What did I do today that I will do differently next time?*
- *What did I learn about the world, the people around me and myself today?*

...Warning...

Throughout the course of the next 40-days you will confront challenges while undertaking this life journey. Some of these challenges may come from within you, but many will come from the world around you. Be careful. How we respond to challenges shapes how the world repays our integrity. For example, one of the major challenges I confronted when first undertaking the 40-Day Prosperity Plan was as follows...

I returned from holidays overseas and wanted to get some money changed. I rocked up to the bank, handed over my money - a mix of Singapore Dollars, Hong Kong Dollars and Chinese RMB. The bank teller got confused and calculated all my money as Singapore Dollars (at that time giving me a great conversion rate for Australian Dollars). I was stuck: do I give back the money pointing out the mistake or do I quietly walk out with the extra dollars (what was about \$20 or \$30). After an internal battle trying to justify not taking the money back, the banks rip me off more than that in fees every month! However, I returned to the teller and pointed out the error. After leaving the bank a little less cashed-up I decided to test my karma and bought a scratchy: this \$2 investment returned me a free ticket, which I gave to a cash-desperate mate – she won \$250!

Maybe it was coincidence or maybe it was a spiritual karmic kickback, who knows, but it certainly reminded me of this warning given when I was first allowed into the secret benefits of this prosperity plan!

...Mantras...

Now choose one of these and make it your daily greeting to yourself when you first rise – when you first look in the mirror. If none of these statements hit your spot, then look out for one from other literature you may have, a favourite song or write your own...

- Today and everyday miracle follows miracle in my life, it is true wonders never cease.
- I have a wonderful job/business in a wonderful way. I do wonderful work, for wonderful pay.
- Everything I touch turns to gold!
- Life is worth living!
- I am a worthy recipient of great gifts.
- I know I am strengthened as I seek to make truth my personal reality.

- I know the very essence of my being and the way of transforming my life is love.
- My judgements prevent me from seeing the good that lies beyond appearances.
- Nothing is impossible to those who believe and take action.
- I know that I am already whole and need not chase after anything in order to be complete.
- I am aware that I do not need to dominate anyone in order to achieve great things with my prosperity.
- Good minds lead to good actions, which create good results.
- I will work this day with my purest attentions for the highest good of all.
- I will radiate my true self outward for the collective good of all.
- I must surrender my controlling judgements in order to attain true abundance.
- I enjoy living the life with which I have been blessed.
- I am the master of my own destiny.

...Statement of Principles...

Day 1/11/21/31:

My Creator is lavish, unfailing abundance, the rich omnipresent substance of the universe. This all-providing source of infinite prosperity is individualised as me – the reality of me.

Day 2/12/22/32:

I lift up my mind and heart to be aware to understand, and to know that the divine presence I am is the source and substance of all my good.

Day 3/13/23/33:

I am conscious of the inner presence as my lavish abundance. I am conscious of the constant activity of this mind of infinite prosperity. Therefore my consciousness is filled with the light of truth.

Day 4/14/24/34:

Through my consciousness of my God-Self, the Christ within as my source, I draw into my mind and feeling nature the very substance of spirit. This substance is my supply, thus my consciousness of the presence of God within me is my supply.

Day 5/15/25/35:

Money is not my supply. No person, place or condition is my supply. My awareness, understanding and knowledge of the all-providing activity of the divine mind within me is my supply, my consciousness of this truth is unlimited, therefore my supply is unlimited.

Day 6/16/26/36:

My inner supply instantly and constantly takes on form and experience according to my needs and desires, and as the principle of supply in action, it is impossible for me to have any needs or desires unfulfilled.

Day 7/17/27/37:

The divine consciousness that I am is forever expressing its true nature of abundance. This is its responsibility, not mine. My only responsibility is to be aware of this truth. Therefore I am totally confident in letting go and letting the Creator appear as the abundant all-sufficiency in my life and affairs.

Day 8/18/28/38:

My consciousness of the spirit within me as my unlimited source is the divine power to restore the years the locusts have eaten, to make all things new, to lift me up to the high road of abundant prosperity. This awareness, understanding and knowledge of spirit appear as every visible form and experience that I could possibly desire.

Day 9/19/29/39:

When I am aware of the God-Self within me as my total fulfillment, I am totally fulfilled. I am now aware of this truth. I have found the secret of life, and I relax in the knowledge that the activity of divine abundance is externally operating in my life. I simply have to be aware of the flow, the radiation, of that creative energy, which is continuously, easily and effortlessly pouring forth from my divine consciousness. I am now aware. I am now in the flow.

Day 10/20/30/40:

I keep my mind and thoughts off this world. I place my entire focus on the Creator within me as the only cause of my prosperity. I acknowledge the inner presence as the only activity in my financial affairs, as the substance of all things visible. I place my faith in the principle of abundance in action within me.

...some background on Shane...

Before turning his hand to finance **Shane Warren** was known as a writer, researcher, consultant, trainer, clinical counsellor and business life coach. With more than a 1000 hours of group facilitation and training up his sleeve he has found time to publish over 100 articles on life change issues and business development, plus several manuals on money management, life skills and business leadership. Shane brings to the table training in counselling, theology, philosophy, business, law and finance. An avid traveller he has had the opportunity to explore life and witness business behaviour, money motives and lifestyle demands in all four corners of the world qualifying him in many ways to be a true mentor on life's journey to financial fitness.

**Shane Warren is dedicated to
assisting people to change their lives
by changing their money experiences.**

**Cresthaze Pty Ltd, Shane's company, mission is
*to change lives through simple solutions!***

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